



## FOREST OAKS GROUP SWIM LESSONS

Summer is here and that means it is time to head to the pool! SafeGuard Aquatics is offering child group swim lessons at Forest Oaks. We have classes available for all ages and abilities. Our swim lessons will not only help your children become comfortable in the water, but will also teach essential water safety skills. Private Swim Instruction may also be available (contact [lessons@safeguardaquatics.com](mailto:lessons@safeguardaquatics.com)).

Sessions are two weeks in duration. Classes meet Tuesdays through Fridays, for a total of 8 lessons per session. Each lesson is 30 minutes long (25 minutes of class time, 5 minutes for student/parent questions with the instructor).

### 2015 SUMMER SESSION SCHEDULE

Session	Dates	Registration Deadline
Session 1	June 16 - June 26	June 12
Session 2	June 30 - July 10	June 26
Session 3	July 14 - July 24	July 10
Session 4	July 28 - August 7	July 24

### CLASS SCHEDULE

Time Slot	Courses Offered
10:00 a.m. - 10:30 a.m.	Level 1
10:30 a.m. - 11:00 a.m.	Level 2
11:00 a.m. - 11:30 a.m.	Level 3
11:30 a.m. - 12:00 p.m.	Level 4

### PRICING & REGISTRATION

**\$70.00 per swimmer, per Session**

Register today before classes fill up! Registration must be completed, and paid in full, by the close of business on the Friday prior to the first day of class.

To Register: visit [www.safeguardaquatics.com](http://www.safeguardaquatics.com) and click on "Swim Lessons".  
For more information contact: [lessons@safeguardaquatics.com](mailto:lessons@safeguardaquatics.com)

# POLICIES

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**Class Size:** Class sizes are intended to be small to allow each student to receive the most benefit from the class. The maximum number of participants in a class is 5. A class must meet the minimum number of 2 participants in order to be held. If a class does not meet the minimum to be held, efforts will be made to reschedule any participants that are currently registered in that class, or a refund will be issued. Additional classes may be scheduled during the session depending on the registration demands.

**Class Cancellations:** If a lesson is cancelled due to weather, instructor illness, or pool closure, a single make-up lesson will be scheduled for the Saturday of that same week. If a lesson is going to be cancelled, participants will be notified by email. If no cancellation email is received, participants can expect the lesson to be held as scheduled, regardless of perceived weather conditions. No make-up lessons will be given to participants who miss lessons that are not cancelled by SafeGuard Aquatics.

**Transfers:** Transfers may be made up until the 2nd day of classes. All transfers will be assessed a \$15 transfer fee.

**Refunds:** Requests for a full refund must be made by email ([lessons@safeguardaquatics.com](mailto:lessons@safeguardaquatics.com)) no later than the close of business on the Friday prior to the first day of class (Registration Deadline). A 50% refund will be available if notice is received after the Friday prior to the first day of class (Registration Deadline), but before the first class is held. A 25% refund will be available if notice is received after the first class is held, but before the second class is held. No refunds will be available after the second class of the session is held.

# BASIC COURSE DESCRIPTIONS

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- Parent / Toddler — 18-36 Months:** Provides experiences and activities for children to become familiar and comfortable in the water. *Parents must be in the water with their children for the duration of the lesson.*
- Preschool — Ages 3-4:** Orients children to the aquatic environment and helps them acquire rudimentary levels of basic aquatic skills.
- Level 1—Introduction to Water Skills:** Helps participants begin to develop positive attitudes, good swimming habits and safe practices in and around the water.
- Level 2—Fundamental Aquatic Skills:** Gives participants success with fundamental skills, including floating without support and recovering to a vertical position.
- Level 3—Stroke Development:** Builds on the skills in Level 2 through additional guided practice.
- Level 4—Stroke Improvement:** Develops confidence in the skills learned and improves other aquatic skills.